



Atrium Health

ROOM SERVICE

WE BELIEVE IN THE

Power OF
FOOD

We believe in the power of food to advance your healing and aid in your well being. It's power to connect, comfort, restore and rejuvenate. Motivated by this belief, our team of chefs have put together a menu of daily specials featuring fresh ingredients which are locally sourced whenever possible. These modern offerings will be tailored to meet your specific dietary needs providing you with an exceptional experience.

Please Enjoy...

A server will assist you with any questions you may have and guide you through the ordering process.

TO PLACE YOUR ORDER:

Please call extension **57054, 704-355-7054**

For anyone that is unable to place your request please contact your nurse so that staff know to visit your room. Your order will arrive within 60 minutes.

Room service hours:
7 am – 6:30 pm

We work with our Atrium partners to incorporate and practice sustainability throughout our kitchens by increasing our efforts to reduce food waste and giving back to those in our neighboring communities. We aim to provide the highest standards and quality meals including plant-forward/vegetarian options as well as those on specialized diets.



DAILY Specials



SCAN QR CODE
FOR ALTERNATE
DIET MENUS

REGULAR DIET

Sunday

Breakfast

TURKEY SAUSAGE & CHEESE CASSEROLE

bacon, banana, and blueberry muffin

Lunch

CHICKEN POT PIE

fresh steamed broccoli, whole wheat dinner roll, melon & grape fresh fruit cup, and cookies & cream mousse

Dinner

LASAGNA ROLL UP WITH MEAT SAUCE

sautéed zucchini, whole wheat dinner roll, and strawberry shortcake parfait

Monday

Breakfast

BLUEBERRY PANCAKES

turkey sausage patty, vanilla yogurt, and mixed melon

Lunch

CAROLINA BBQ PORK ROAST

carolina gold bbq sauce, macaroni & cheese, whole wheat dinner roll, coleslaw, melon & grape fresh fruit cup, and banana pudding parfait

Dinner

CHICKEN BREAST WITH MARSALA MUSHROOM SAUCE

brown & wild rice pilaf, steamed broccoli & cauliflower, and a brownie

Tuesday

Breakfast

SCRAMBLED EGGS

sausage link, fruit cup, biscuit with gravy

Lunch

CHICKEN TINGA BOWL

shredded chicken in tomato & chipotle chile adobo sauce, with a whole wheat dinner roll, mixed melon, and crinkle brownie cookies

Dinner

MEATLOAF

demi-glace, garlic mashed potatoes, corn, whole wheat dinner roll, and strawberry cheesecake

Wednesday

Breakfast

CINNAMON FRENCH TOAST

banana foster sauce, bacon, and mandarin orange sections

Lunch

SALISBURY STEAK WITH DEMI-GLACE

mashed potatoes, whole wheat dinner roll, roasted carrots, melon & grape fresh fruit cup, and cinnamon apples

Dinner

PESTO GRILLED CHICKEN

whole wheat penne pasta, alfredo sauce, fresh steamed broccoli, and double chocolate trifle

Thursday

Breakfast

SPINACH & PARMESAN QUICHE

turkey sausage patty, vanilla yogurt, mixed melon, and apple cinnamon muffin

Lunch

CHICKEN, SAUSAGE AND OKRA GUMBO

white rice, inner roll, cajun coleslaw, mixed melon, and cheesecake trifle with fresh berries

Dinner

SPANISH BRAISED BEEF

yellow rice, sautéed spinach, and chocolate peanut butter bar pie

Friday

Breakfast

EGG & CHEESE SCRAMBLE BOWL

potatoes, salsa, bacon, and mandarin oranges

Lunch

BBQ CHICKEN QUARTERS

rosemary roasted potatoes, whole wheat dinner roll, spicy collard greens, fruit cup, and lemon ice box pie

Dinner

BROILED SALMON WITH MEDITERRANEAN SPICES

lemon dill sauce, savannah red rice, seasoned green beans, whole wheat dinner roll, and angel food cake with strawberries

Saturday

Breakfast

CHEESE OMELET

denver omelet topping, turkey sausage patty, fruit cup, and buttered grits

Lunch

GRILLED PORK CHOP

country peppercorn gravy, herbed brown rice, caramelized carrots, whole wheat dinner roll, melon & grape fruit cup, and a brownie & strawberry trifle

Dinner

CHICKEN FRIED RICE

mushroom miso broth, vegetable spring roll with sweet & sour sauce, and orange creamsicle gelatin

Alternative Selections

BREAKFAST

Scrambled Eggs | French Toast
Pancakes | Hard Boiled Eggs
Bacon | Turkey Bacon | Sausage Link
Turkey Sausage Patty
Sautéed Breakfast Potatoes | Biscuit
English Muffins | Plain Bagel
Blueberry Muffins

LUNCH / DINNER

Soup:

Chicken Noodle | Tomato
Broccoli Cheddar

Salad:

Chef | Vegetarian Chef | Greek | Caesar
Chicken Caesar | Fruit & Cottage Cheese

Sandwich:

Deli Ham | Deli Turkey | Egg Salad
Chicken Salad | Tuna Salad
Peanut Butter & Jelly

Grilled Sandwich:

Hamburger | Turkey Burger
Vegan Garden Burger | Grilled Chicken
Grilled Cheese

Entrée Protein:

Grilled Chicken | Rotisserie Chicken
Pot Roast | Baked Fish | Chicken Tenders
Pulled Pork (lunch only)

Sides:

Mashed Potatoes | White/Brown Rice
Macaroni & Cheese | Spicy Collard Greens
Roasted Carrots | Steamed Broccoli
Roasted Cauliflower | Black Beans | Side Salad

Dessert:

Sugar Cookies | Pudding | Gelatin
Ice Cream | Italian Ice | Sherbet
Chocolate Peanut Butter Pie
Crinkle Brownie Cookies
Lemon Ice Box Pie
Strawberry Cheesecake